



Continuing Education Board Certified – TeleMental Health Provider

Why is continuing education (CE) important?

CE updates your skills and guides current and effective practice.

Guidelines for continuing education

BC-TMHs are required to obtain at least four continuing education (CE) clock hours every year. The following requirements apply:

- Activity must be approved for CE by one of the following organizations:
 - American Telemedicine Association (ATA)
 - National Board for Certified Counselors (NBCC)
- Activity must have been approved no more than two years prior
- Title of the activity must include a reference to online provision of some form of telemental health services

Approved methods for obtaining continuing education

Approved methods for obtaining BC-TMH CE include the following:

- Teach seminars, webinars and workshops focused on telemental health
- Attend seminars, webinars and workshops with telemental health focus
- Author or edit telemental health publications
- Author an approved BC-TMH training curriculum
- Develop and teach telemental health course at the college/university level
- Serve in a leadership capacity in a telemental health organization or conference

For detailed information, please download a copy of *Approved Methods of Obtaining BC-TMH Continuing Education Clock Hours*.